

NMSD Cycle Dinner Menu 2017-2018

WEEKS OF CYCLE 1: 8/14, 9/1, 10/9, 11/6, 12/11, 1/22, 2/26, 3/26, 4/1, 5/28

WEEKS OF CYCLE 2: 8/21, 9/18, 10/16, 11/13, 12/18, 1/29, 3/5, 4/9, 5/7

WEEKS OF CYCLE 3: 8/28, 9/25, 10/23, 11/27, 1/8, 2/12, 3/12, 4/16, 5/14

WEEKS OF CYCLE 4: 9/4, 10/2, 10/30, 12/4, 1/15, 2/19, 3/19, 4/23, 5/21

PLEASE NOTE: Menus are subject to occasional change due to product availability

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
DINNER CYCLE WEEK ONE	Double-Decker Turkey n' Cheese	Cheesy Beef & Noodles Casserole	Baked Chicken Wings	Assorted Taquitos
	Burgers on WG Buns	Steamed Broccoli	Assorted Dipping Sauces	Gauacamole, Sour Cream and
	American Cheese		Corn Muffins	Salsa Fresca
	Lettuce, Tomato & Green Chili		Buttery Spread	Fresh Calabacitas
	Lattice Fries & Corn on the Cob		Steamed Carrots	
	Ketchup, Mustard & Mayonnaise			
	Caesar Salad	Cucumber Dill Chill Salad	Gingered Cabbage Salad	Spring Mix Garden Salad
	Cookies	Green Grapes	Kiwi Strawberry Sidekicks	Citrus Yogurt Fruit Salad "Kit"
1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	
DINNER CYCLE WEEK TWO	Penne Pasta & Meat Sauce	Pork, Chicken & Vegetarian Tamales	Turkey Hot Dogs	Chicken Fried Steak
	Parmesan Cheese Sprinkles	Spanish Rice	Baked Beans	WG Biscuits & Buttery Spread
	Garlic Breadsticks & Buttery Spread	Refried Pinto Beans	Sauerkraut, Relish, Onions	Roasted Red & Purple Potatoes
	Grilled Asparagus		Ketchup & Mustard	Steamed Snow Peas
	Waldorf-ish Salad	Romaine Garden Salad	Strawberry Spinach Salad	Moroccan Carrot Salad
	Lemon Bars	Honeydew Chunks	Chocolate Crunch Ice Cream Bars	Minty Melon Citrus Salad "Kit"
1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	
DINNER CYCLE WEEK THREE	Crunchy Beef Tacos	BBQ Chicken Breast	Pepperroni Pizza Bagels	Roast Loin of Pork
	Lettuce, Tomato & Cheese	Chilled Macaroni Salad	Carrot Fries & Ranch Dressing	Savory Muffins & Buttery Spread
	Salsa Fresca	Breadsticks & Buttery Spread		Mashed Butternut Squash
	Black Beans	Cold Snap Peas with Ranch		Chilled Tri-Color Pepper Slices
	Vegetarian Posole Side Dish			
	Romaine Garden Salad	Apple Cranberry Salad	Caesar Salad	Crunchy Napa Cabbage Salad
	Pie & Whipped Cream	Cantaloupe Chunks	Strawberry Mango Sidekicks	Honey Yogurt Fruit Salad "Kit"
1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	
DINNER CYCLE WEEK FOUR	Chicken Fajitas	BBQ Beef Sliders	Mac and Cheese with Trees	Grilled Steak
	White Flour Tortillas	Hawaiian WG Buns	Beets with Bread Crumb Topping	Baked Potato & Fixin's Bar
	Guacamole, Sour Cream & Salsa	Oven Fries		Cheese, Sour Cream, Chives
	Jasmine Rice with Fresh Cilantro	Ketchup		and Bacon Bits
		Green Peas		Dinner Rolls
				Buttery Spread
	Spring Mix Garden Salad	Tomato Wedge & Basil Salad	Romaine Garden Salad	Mandarin Orange Spinach Salad
	Jello	Red Grapes	Strawberry Ice Cream Bars	Mango Tango Salad "Kit"
1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	1% White & Chocolate Fat Free Milk	

Thursday evenings are "Make your Own Fruit Salad" nights in the Cottages!